

# Xin Li

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Google Scholar [🔗](#)

## APPOINTMENT

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### Visiting Lecturer in Applied Youth Development

Aug 2025 - Present

Department of Agricultural Leadership, Education and Communications,  
Texas A&M University

### Research Scientist

July 2018 - July 2019

The Collaborative Innovation Center of Assessment for Basic Education Quality,  
Beijing Normal University

## EDUCATION

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### Ph.D., Educational Psychology (Developmental Sciences)

Aug 2025

Texas A&M University

Graduate-Level Certificate Program: Education & Social Science Advanced Research Methods

- Dissertation Title: National and global identities: A scoping review and a study of identity clusters and intercultural competence among U.S. and Chinese youth
- Dissertation Committee: Drs. Jeffrey Liew, Jun Wang, Darlene Locke, Ananya Tiwari

### M.S.Ed, Interdisciplinary Studies in Human Development

May 2018

University of Pennsylvania

### B.A., English (Ethnic and Cultural Studies)

August 2016

University of Delaware

## PUBLICATIONS

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### Published Peer Reviewed Journal Articles

\* Journal Impact Factor (JIF)

1. Yan, J., Li, X., Bolick, B., Wang, J., & Kim, S.Y. (2025). Sociocultural stress and warmth in Mexican immigrant mothers: The protective role of culturally resilient factors. *Journal of Family Psychology. Advance online publication* <https://doi.org/10.1037/fam0001382> [🔗](#) [JIF = 2.0].
2. Note: Li, X. is the co-first author: Chai, X., Li, X., Bolick, B., Xiao, J., Wang, J., Lin, D. (2025). Social determinants of health and developmental profiles among diverse Chinese youth. *Journal of Research on Adolescence*. 35(3). <https://doi.org/10.1111/jora.70065> [🔗](#) [JIF = 3.5].
3. Li, X., Meng, X., Ruiz, R.A., Wang, J., & Liew, J. (2025). Types of relations between national identity and global identity and their associated factors: A scoping review. *International Journal of Intercultural Relations*. 105, 102142. <https://doi.org/10.1016/j.ijintrel.2025.102142> [🔗](#) [JIF = 2.8].
4. Sprayberry, S.R., Li, X., Goebel, D., Zanolini, W., & Wang, J. (2024). Cultivating cohesion: Nurturing knowledge and collaboration in the Norman Borlaug Youth in Agriculture Program. *Journal of Agricultural Education*, 65(4), 387-396. <https://doi.org/10.5032/jae.v65i4.2839> [🔗](#)
5. Wang, J., Yan, J., Li, X., Shen, Y., & Kim, S. Y. (2024). Transactional experiences of discrimination, depressive symptoms, and ethnoracial socialization in Mexican-origin families. *Developmental Psychology*, 61(1), 134-150. <https://doi.org/10.1037/dev0001887> [🔗](#) [JIF = 4.5].

6. Drabek, A. G., **Li, X.**, Bolick, B., Locke, D. H., Gardner, J. G., Briers, G. E., & Wang, J. (2024). Youth leadership development in the 4-H Foods and Nutrition program. *Children and Youth Services Review*, 166, 107943. <https://doi.org/10.1016/j.childyouth.2024.107943> [JIF = 2.4].
7. Bolick, B., Yan, J., **Li, X.**, Wen, W., Han, Q., Wang, J., & Kim, S.Y. (2024). Neighborhood diversity and acculturation profiles of Mexican-origin adolescents. *Journal of Community & Applied Social Psychology*, 34(5), e2886. <https://doi.org/10.1002/casp.2886> [JIF = 2.7]
8. Wang, J., Drabek, A. G., **Li, X.**, Locke, D. H., & Gardner, J. G. (2023). Assessing foods and nutrition competencies in youth. *Journal of Nutrition Education and Behavior*, 55, 354-362. <https://doi.org/10.1016/j.jneb.2023.02.007> [JIF = 2.3].
9. Holtz, E., **Li, X.**, Xu, Y., & Grice, S. (2022). Self-care amongst doctoral Students: A pilot study of domestic and international students in a Texas public university. *International Journal of Doctoral Studies*, 17, 533-552. <https://doi.org/10.28945/5046>
10. Wang, J., Wen, W., Sim, L., **Li, X.**, Yan, J., & Kim, S. Y. (2022). Family environment, heritage language profiles, and socioemotional well-being of Mexican-origin adolescents with first generation immigrant parents. *Journal of Youth and Adolescence*, 51(6), 1196–1209. <https://doi.org/10.1007/s10964-022-01594-5> [JIF = 3.7].
11. Wang, J., Liew, J., & **Li, X.** (2022). Two sides to face: Integrity-and achievement-centered face-saving, parental psychological control, and depressive symptoms in Chinese American adolescents. *Journal of Cross-Cultural Psychology*, 53(3–4), 289–305. <https://doi.org/10.1177/00220221221074295> [JIF = 2.4]
12. Wang, J., Yan, J., Osman, K. M., **Li, X.**, Zeiders, K. H., Shen, Y., Victory, M., & Kim, S. Y. (2021). The phenotypic, psychological, and social interplays of skin color and developmental outcomes among Mexican-origin adolescents. *Journal of Research on Adolescence*, 32(2), 432–450. <https://doi.org/10.1111/jora.12709> [JIF = 3.5]
13. Jiang, L., Zhang, S., **Li, X.**, & Luo, F. (2021). How grit influences high school students' academic performance and the mediation effect of academic self-efficacy and cognitive learning strategies. *Current Psychology*, 42(1), 94–103. <https://doi.org/10.1007/s12144-020-01306-x> [JIF = 2.5]
14. Zhang, Y., Ren, P., **Li, X.**, Liu, H., & Luo, F. (2019). Academic predictors of early adolescents' perceived popularity: The moderating effects of classroom academic norm salience. *Frontiers in Education*, 4. <https://doi.org/10.3389/feduc.2019.00052> [JIF = 1.9]
15. Zhang, Y., Liu, S., Li, Y., **Li, X.**, Ren, P., & Luo, F. (2019). The relationships between weight status and physical fitness among Chinese children and adolescents. *Research Quarterly for Exercise and Sport*. 90(2), 113-122. <https://doi.org/10.1080/02701367.2019.1603768> [JIF = 1.4]

#### **Manuscripts in Revision/Under Review/In Preparation**

1. Wang, J., Wen, W., Shi, Q., Liew, J., Yan, J., Bentsianov, S., **Li, X.**, Thurston, I., Bolick, B., Jiang, S., & Kim, S.Y. (revise and resubmit). Social determinants of health and longitudinal co-development of internalizing and externalizing symptoms Mexican-origin adolescents.
2. Liew, J., Wang, J., **Li, X.**, Jiang, S., Zhou, Z., Yeh, Y., & Kwok, O. (revise and resubmit). Longitudinal predictions of internalizing and externalizing problems from parental psychological control through emotion regulation difficulties in Chinese Americans during the transition from adolescence to early adulthood.
3. Wang, J., Shi, Q., Yan, J., **Li, X.**, Bolick, B. & Jiang, S. Wen, W., Liew, J., Bentsianov, S., Thurston, I., & Kim, S.Y. (under review). Stress and longitudinal co-development of internalizing and externalizing symptoms among Mexican-origin adolescents.

4. Kim, H., Paymard, P., **Li, X.**, Ellis, G. & Locke, D. (under review). Stories, Motivation, and Learning Outcomes from Youth Educational Travel Experiences.
5. **Li, X.**, Wingenbach, G., Wang, J., Kuar, S., Engels, J., & Usanga, A. (in preparation). Mental health profiles and help seeking behaviors among community members in the Houston area.
6. **Li, X.**, Locke, D., & Wang, J. (in preparation). Understanding the influence of the 4-H GLOBE program on youth global mindedness: A cluster analysis approach.
7. **Li, X.**, Kaur, S., Kandi, L. P., Prasetyo, A., Zanolini, B., Goebel, D. A., Ranly, K., Dooley, K. E., & Wang, J. (in preparation). Examining rural-urban relationships and agriculture literacy among youth participating in an agriculture program: A mixed methods study.
8. **Li, X.**, Wang, J., Liew, J. & Locke, D. (in preparation). National and global identities relations and intercultural competence among U.S. and Chinese Youth: A cluster analysis approach.

## CONFERENCE PRESENTATIONS

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1. **Li, X.**, Locke, D., & Wang, J. (2026, April 15-18). *Measurement invariance of the global-mindedness scale across U.S. and East Asian youth* [Poster presentation]. Society for Research on Adolescence (SRA) 2026 Biennial Meeting, Toronto, Canada.
2. **Li, X.**, Ellis, G., Locke, D., & Paymard, P. (2026, April 15-18). *Educational travel experiences for youth: The power of being there before being there* [Poster presentation]. Society for Research on Adolescence (SRA) 2026 Biennial Meeting, Toronto, Canada.
3. **Li, X.**, Wang, J., Locke, D., & Liew, J. (2026, April 15-18). *A person-centered approach to national and global identities and intercultural competence of U.S. and Chinese youth* [Poster presentation]. Society for Research on Adolescence (SRA) 2026 Biennial Meeting, Toronto, Canada.
4. **Li, X.**, Wingenbach, G., Wang, J., Engels, J., & Usanga, A. (2026, April 8-12). *Mental health profiles and help seeking behaviors among community members in the Houston area* [Paper presentation]. American Educational Research Association (AERA) 2026 Annual Meeting, Los Angeles, LA, United States.
5. **Li, X.**, Locke, D., & Wang, J. (2025, April 14-17). *Understanding the influence of the 4-H GLOBE program on youth global mindedness: A cluster analysis approach* [Oral presentation]. Association for International Agricultural and Extension Education (AIAEE) Annual Conference, Inverness, Scotland.
6. **Li, X.**, Kaur, S., Kandi, L. P., Prasetyo, A., Zanolini, B., Goebel, D. A., Ranly, K., Dooley, K. E., & Wang, J. (2025, April 14-17). *Influences of an agriculture program on rural-urban relationships and agricultural literacy among youth: A mixed methods study* [Poster presentation]. Association for International Agricultural and Extension Education (AIAEE) Annual Conference, Inverness, Scotland.
7. **Li, X.**, Liew, J., Lease, M., Prochnow, T., & Blake, J. (2024, June 16-20). *Interpersonal relations, friendship motivation types, and social wellness among Black children in majority Black and majority White U.S. schools* [Poster presentation]. International Society for the Study of Behavioural Development (ISSBD) conference. Lisbon, Portugal.
8. Sprayberry, S.R., **Li, X.**, Zanolini, W., Goebel, D.A., & Wang, J. (2024, February 4-6). Growing together with wheat: Evaluation of the Norman Borlaug youth in agriculture program. [Oral presentation]. *The Southern Region American Association for Agricultural Education (SAAAE) conference*. Atlanta, GA.
9. **Li, X.**, Locke, D., Wang, J., Dooley, K., & Bolick, B. (2024, April 18-20). *Acculturation experience of European American youth in a travel abroad program to Ireland* [Poster presentation]. Society for Research on Adolescence (SRA) conference. Chicago, IL.

10. Pollock, L., **Li, X.**, Locke, D., & Wang, J. (2024, April 22-25). *Evaluation of the Ricochet 4-H experiential learning leadership program* [Oral presentation]. The Association for International Agricultural and Extension Education (AIAEE) annual conference. Orlando, FL.
11. Drabek, A., Lu, P., **Li, X.**, Bolick, B., Locke, D., Gardner, J., Briers, G., & Wang, J. (2023, May 15-18). *Evaluating youth leadership development of 4-H foods and nutrition program* [Oral presentation]. The American Association for Agricultural Education (AAAE) conference. Raleigh, NC.
12. Bolick, B., **Li, X.**, Wang, J., & Ettekal A. (2023, April 13-15). *Developmental assets and math self-concept among underserved girls in Costa Rica, the Dominican Republic, and Nicaragua* [Poster Blitz presentation]. Society for Research on Adolescence (SRA) conference. San Diego, CA.
13. **Li, X.**, Wang, J., & Liew, J. (2022, May 2-4). *(Meta-) stereotypes and internalizing problems among Chinese youth in the U.S. and Mainland China* [Oral presentation]. Society for Research in Child Development (SRCD) special topic conference: Construction of the 'Other' conference. Rio Grande, PR.
14. Liew, J., Zhou, Z.Q., **Li, X.**, Yeh, Y. C., & Kwok, O. (2022, March 3-5). *Individual, familial, and societal factors for Chinese American adolescents' mental health and adjustment* [Oral presentation]. Society for Research on Adolescence (SRA) conference. New Orleans, LA.
15. **Li, X.**, Wang, J., & Locke, D. (2022, March 3-5). *Global mindedness and self-construals of Chinese and U.S. youth* [Poster presentation]. Society for Research on Adolescence (SRA) conference. New Orleans, LA.
16. **Li, X.**, Wang, J., & Liew, J. (2021, April 7-9). *Familism, educational aspiration, and social efficacy among three groups of Chinese-heritage youth* [Poster presentation]. Society for Research in Child Development (SRCD) virtual conference.
17. **Li, X.**, Wang, J., & Liew, J. (2020, March 19-21). *Parenting, self-concept, and life satisfaction of Chinese youth in America and Inner Mongolia in Mainland China* [Oral presentation]. Society for Research on Adolescence (SRA) conference (cancelled).
18. Fan, T., **Li, X.**, & Nakkula, M. (2019, October 10-12). *A cross-cultural comparison study of the relationships between inter-parental relationships and emerging adults' social relationships in China, the U.S., and Israel* [Oral presentation]. Society for the Study of Emerging Adulthood (SSEA) conference. Toronto, Canada.
19. **Li, X.**, Hill, K.C., Fan, T.T., & Nakkula, M. (2019, October 10-12). *Implications of first-generation, low-income minority freshmen transitioning from an urban area to a rural college, and the role of peer mentoring* [Poster presentation]. Society for the Study of Emerging Adulthood (SSEA) conference. Toronto, Canada.
20. **Li, X.** (2018, October 18-20). *The relationships between Chinese left-behind children's positive self-identity, external factors, and school adjustment* [Poster presentation]. Society for Research in Child Development (SRCD) special topic conference: Promoting Character Development among Diverse Children and Adolescents: The Roles of Families, Schools and Out-Of-School-Time Youth Development Programs. Philadelphia, PA.

## GRANTS AND SCHOLARSHIPS

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|  |           |
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| TAMU Institute of Data Science Student Ambassador Fellowship \$2000  | June 2024 |
| Texas Public Education Grant for International Students \$1,500  | May 2024  |
| Distinguished Manuscript Award,<br>American Association for Agricultural Education Southern Region Research Conference | Feb 2024  |

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| Peter Witt and Joyce Nies Student Excellence Scholarship \$2,000                        | <i>April 2023</i>          |
| Sequor YDI Excellence Scholarship \$1,000   | <i>April 2023</i>          |
| TAMU Department of Recreation, Park and Tourism Sciences Travel Grants \$1,500          | <i>Feb 2021 - May 2023</i> |
| Bradberry Scholarship \$1,250   | <i>April 2021</i>          |
| Texas Public Education Grant for International Students \$4,500                         | <i>July 2020</i>           |
| Bradberry Scholarship \$1,000   | <i>April 2020</i>          |
| Six years of Graduate Assistantship Around \$190,000<br>(including stipend and tuition) | <i>Sep 2019 - May 2025</i> |
| UPenn Career Center Summer Internship Grant \$2,600                                     | <i>April 2017</i>          |

## RESEARCH EXPERIENCE

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### **Research Scientist** *Aug 2025 - Present*

*Department of Agricultural Leadership, Education and Communications (ALEC),  
Texas A&M University*

- Support Dr. Jun Wang's National Institute of Health (NIH)-funded project related to adolescents' social media use and mental health
- Conduct systematic literature review
- Prepare abstract submissions for conferences and manuscripts for publication
- Design survey instruments using REDCap
- Recruit and mentor undergraduate research assistants

### **Research Assistant** *Aug 2019 - Present*

*Texas A&M University*

- Analyze data on cultural values, family/personal predictors, and youth developmental outcomes in Chinese-American and Mexican-American populations under Drs. Jun Wang and Jeffrey Liew
- Support Dr. Jun Wang in United States Department of Agriculture (USDA) grant applications
- Collaborate on manuscripts based on analysis results

### **Research Assistant** *Oct 2016 - June 2018*

*Dr. Michael J. Nakkula's Lab, University of Pennsylvania*

- Assisted in investigating the efficacy of peer mentoring program on the well-being of first generation low-income college students
- Transcribed and coded audio recordings using qualitative methods
- Participated in qualitative interviewing and collaborated with team members to generate the codebook for the project
- Conducted research examining protective factors in predicting school outcomes of youths who have negative school experiences

### **Research Assistant** *Sep 2016 - June 2018*

*Dr. Xinyin Chen's Lab, University of Pennsylvania*

- Engaged in Dr. Xinyin Chen's Children's Social Interactions and Relationships Laboratory
- Analyzed data using SPSS and R for a study related to children's peer relationships conducted in China
- Designed a follow-up longitudinal study related to Chinese-American children's peer relationships

- Coded videos of a longitudinal study related to children's peer interaction conducted in China and Canada

### **Historical Researcher**

*Feb - May 2016*

*University of Delaware*

- Researched the life of an African-American World War I soldier from Delaware
- Conducted archival research, site visits, and outreach to military staff
- Presented findings to Delaware officials, leading to replacement of the soldier's gravestone by Senator Chris Coons

## **PROGRAM IMPLEMENTATION & EVALUATION**

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### **Lead Evaluator**

*Oct 2022 - Present*

*Norman Borlaug Youth in Agriculture Program,  
AgriLife Extension, Texas A&M University*

- Develop evidence-based evaluation tools (questionnaires, open-ended questions, interview protocols)
- Conduct participant observations and informal interviews with youth and teachers
- Analyze and visualize program data
- Lead semi-structured evaluation interviews with youth participants
- Draft evaluator reports and manuscripts for conferences and publications

### **Coordinator and Lead Evaluator**

*July 2020 - Present*

*U.S. — China Pen Pal and Cultural Communication Program*

- Design, implement, and evaluate cross-cultural pen pal program under the support of Texas 4-H and Texas A&M Sequor Youth Development Initiative
- Develop evaluation tools and analyze program data
- Prepare manuscripts for journal publications
- Facilitate youth leader meetings and cultural exchange activities

### **Evaluator**

*Aug 2019 - Present*

*Texas 4-H, AgriLife Extension, Texas A&M University*

- Conduct evaluation of 4-H youth programs under Dr. Darlene Locke
- Support implementation of States 4-H international exchange program
- Develop evaluation instruments for 4-H Ricochet Leadership and Global Citizenship programs
- Clean and analyze cultural exchange and GLOBE program data
- Draft evaluator reports and manuscripts for conferences and publications

## **TEACHING EXPERIENCE**

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### **Instructor of Record**

*Texas A&M University*

ALEC 671: Practice and Development of Effective Skills for Youth Development *Spring 2026*

ALEC 370: Principles of Positive Youth Development *Spring 2025 - Spring 2026*

ALEC 473: Diversity, Equity, and Inclusion in Youth Development Organizations *Spring 2025*

ALEC Data Science Seminar Series *Fall 2024 - Fall 2025*

FYEX 101: Hullabaloo U First Year Experience *Fall 2023*

*California State University - Chico*

AGED 694: Data Analysis in Agricultural Education

*Fall 2025*

**Teaching Assistant**

*Texas A&M University*

RPTS 472: Grant Writing and Program Evaluation for Youth Development Organizations

*Spring 2020 - Spring 2023*

RPTS 371: Understanding and Development of Effective Skills for Youth Development

*Fall 2022, Spring 2023*

RPTS 478: Youth Development Practice

*Fall 2019*

*University of Pennsylvania*

EDUC 557: Developmental Theories and Applications with Adolescents

*Spring 2018*

**Teaching (K-12)**

Teaching Assistant in Chinese: Downes Elementary School, Newark, DE

*Spring 2016*

Volunteer Teacher in Arts: Hele Wanquan Elementary School, Gansu, China

*Summer 2015*

**Guest Lecture**

ALEC 681: Seminar

*April 2025*

Lecture title: National and Global Identities: A Cluster Analysis

From Learning to Leading: Cultivating the Next Generation of Diverse Food and Agriculture Professionals Scholar Program

*March 2025*

Lecture title: Introduction to Data Science

ALEC 690: Theory of Agricultural Education Research

*Nov 2024*

Lecture title: Application of SPSS in Educational Research

ALEC 473: Diversity, Equity, and Inclusion in Youth Development Organizations

*Sep 2024*

Lecture title: Relations between National and Global Identities

**Mentorship**

Team Leader, DeBakey Executive Research Leadership Program,  
*Texas A&M University*

*Aug 2021 - May 2023*

Research Mentor, Social Media and Resilient Teens Project,  
*Texas A&M University*

*January 2025 - Present*

**Undergraduate Mentees**

Raquel Ruiz, Marcia Basug

Shreyanth Ravi, Olivia Baba

Michael Lopez, Kalea Hartman

Tianhang Liang, Xingyu Chen

Tiffany Ufodiana, Elizabeth Kemsley

Sydney Turnbow, Sara Ye

Marisol Moreno, Sagar Patel

Marcos Morales, Sahana Kumar

**Graduate Mentees**

## SERVICE EXPERIENCE

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### Departmental Level

- Assist department head with revising and developing the Youth Development undergraduate curriculum *Sep 2025 - Present*
- Promote the current Youth Development undergraduate minor to a major, ensuring alignment with all university requirements
- ALEC Data Science Student Ambassador *Sep 2024 - Present*

### Institutional Level

- Chief Student Leader, Chinese-American Association, Texas A&M University *Sep 2020 - Aug 2025*
- Graduate Assistant, Leach Teaching Gardens, Texas A&M University *Aug - Dec 2023*

### Community and National Level

- Evaluation Assistant, Mental Health Partnership, Philadelphia, PA *June - Aug 2017*
- School Counselor Assistant, Benjamin B. Comegys School, Philadelphia, PA *Oct 2016 - June 2017*

### Global Level

- Board Member, Global Youth Mentoring Initiative (GYMI), China *April 2017 - Present*

### Professional Level

#### Ad-Hoc Journal Reviewer

- Journal of Family Relations *2025*
- Journal of Research on Adolescence *2025*
- Journal of Family Psychology *2023*
- Journal of Youth Development *2023*

#### Conference Proposal Reviewer

- Association for International Agricultural and Extension Education (AIAEE) *2024*
- Society for Research in Child Development (SRCD) *2022*

## SKILLS

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### Statistical Analysis Software

SPSS, MPlus, Stata, R, RStudio, Excel

### Data Collection Tools

Qualtrics, REDCap, SurveyMonkey

### Instructional Tools

Canvas, Perusall, Mentimeter, Kahoot, Miro, Poll Everywhere

### Language Skills

Mandarin Chinese (native); English (fluent)



## PROFESSIONAL & RESEARCH TRAINING

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### **Graduate-Level Coursework in Research Methods (at Texas A&M University)**

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| Qualitative Research in Agriculture Education (Instructor: Dr. Kim Dooley)                | 2022 |
| Mixed Methods Research (Instructor: Dr. Hersh Waxman)                                     | 2022 |
| Advanced Structure Equation Model (Instructor: Dr. Oi-Man Kwok)                           | 2021 |
| Theory of Structure Equation Model (Instructor: Dr. Oi-Man Kwok)                          | 2021 |
| Theory of HLM (Instructor: Dr. Oi-Man Kwok)   | 2020 |
| Measurement and Evaluation in Education (Instructor: Dr. Suzanna Ramos)                   | 2020 |
| Meta-analysis of Behavior Research (Instructor: Dr. Christopher Thompson)                 | 2019 |
| Multilevel regression & Other Liner Model in Education Research (Instructor: Dr. Wen Luo) | 2019 |

### **Certification**

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| Academy for Future Faculty Fellow Certificate, Texas A&M University           | April 2025 |
| Advanced Research Methods (ARM) Certificate, Texas A&M University             | March 2025 |
| Youth Mental Health First Aid   | March 2025 |
| International Association for Cross Cultural Psychology, Summer School        | June 2021  |
| Claremont Graduate University Evaluation Center Workshop Training Certificate | Aug 2020   |
| American Translators Association Certified Translator (English to Chinese)    | Oct 2018   |

## MEMBERSHIPS IN PROFESSIONAL SOCIETIES

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Society for Research on Adolescence (SRA)

Society for Research in Child Development (SRCD)

American Psychological Association (APA)

International Association for Cross-Cultural Psychology (IACCP)

American Association for Agricultural Education (AAAE)

The International Society for the Study of Behavioural Development (ISSBD)